



<b>Programme</b> <b>International symposium: Addictions in older people</b> <b>Tuesday 7th December 2021, 14.00 – 18.30 Online (GMT)</b>	
14.00	<b>Chair TBC</b>
14.00	Welcome and introduction - TBC
14.05	<p style="text-align: center;"><b>Substance Use Disorders in older adults: A review of Canadian clinical practice guidelines</b></p> <p style="text-align: center;">Dr David Conn, Vice-President of Education and Geriatric Psychiatrist at Baycrest and Professor, Dept. of Psychiatry, University of Toronto, Canada</p> <p style="text-align: center;">Q&amp;A</p>
14.25	
14.35	<p><b>Substance use disorders in the older adult</b></p> <p>Dr Louis Trevisan, Associate Professor, Yale School of Medicine, Department of Psychiatry, Attending Psychiatrist, VA Connecticut Healthcare system, USA</p> <p style="text-align: center;">Q&amp;A</p>
14.55	
15.05	<p style="text-align: center;"><b>Brief and more intensive evidence-based treatment approaches for older adults who misuse alcohol and other drugs</b></p> <p style="text-align: center;">Dr Frederic C. Blow, Professor of Psychiatry, Director, University of Michigan Addiction Center, University of Michigan Medical School, USA</p> <p style="text-align: center;">Q&amp;A</p>
15.25	
15.35	<b>Break</b>
	<b>Chair TBC</b>
15.45	<p style="text-align: center;"><b>Alcohol and cognitive impairment-damage or dementia?</b></p> <p style="text-align: center;">Dr Tony Rao, Visiting Clinical Research Fellow, Institute of Psychiatry, Psychology and Neuroscience and Older Adult Service Lead for Dual Diagnosis, UK</p> <p style="text-align: center;">Q&amp;A</p>
16.05	
16.15	<p style="text-align: center;"><b>Is there an alcohol consumption threshold associated with a reduced risk for all-cause mortality and cardiovascular disease?</b></p> <p style="text-align: center;">Dr Rob Kok, Psychiatrist, clinical epidemiologist, Parnassia Psychiatric Institute, The Netherlands</p> <p style="text-align: center;">Q&amp;A</p>
16.35	
16.45	<b>Break</b>
	<b>Chair TBC</b>
16.55	<p style="text-align: center;"><b>Older people's experiences and perceptions of alcohol use, treatment, and recovery</b></p> <p style="text-align: center;">Dr Katy Jones, Assistant Professor in Applied Psychology, University of Nottingham, UK</p> <p style="text-align: center;">Q&amp;A</p>
17.15	
17.25	<p style="text-align: center;"><b>A rational approach to benzodiazepine prescribing in older adults</b></p> <p style="text-align: center;">Dr Donovan Maust, Associate Professor of Psychiatry, University of Michigan and VA Ann Arbor Healthcare System, USA</p> <p style="text-align: center;">Q&amp;A</p>
17.45	
17.55	<p style="text-align: center;"><b>Neuroimaging of alcohol-related brain injury in older age population</b></p> <p style="text-align: center;">Dr Satya Patro, Assistant Professor of Radiology, Section of Diagnostic and Interventional Neuroradiology, University of Arkansas for Medical Sciences Little Rock, AR, USA</p> <p style="text-align: center;">Q&amp;A</p>
18.15	
18.25	<b>Closing remarks</b>

## Speakers' biographies



**Dr David Conn** is the Vice-President of Education and Director of the Centre for Education & Knowledge Exchange at Baycrest. He is a Professor in the Department of Psychiatry, University of Toronto and a Geriatric Psychiatrist at Baycrest. David is founding Co-Chair of the Canadian Coalition for Seniors' Mental Health and Past President of the Canadian Academy of Geriatric Psychiatry. He has received numerous awards including the Canadian Academy of Geriatric Psychiatry Award for Outstanding Contributions to Geriatric Psychiatry in Canada and a Distinguished Service Award from the International Psychogeriatric Association.



**Dr Louis Trevisan** is a Board Certified Addiction and Geriatric Psychiatrist. He earned his medical degree from Oregon Health Sciences University in Portland, Oregon in 1989. He then completed his Residency in Psychiatry at Yale New Haven Hospital where he was a Laughlin Fellow. He completed a VA funded Fellowship in Addiction in 1994. Following this Dr Trevisan served as an attending at the VA Connecticut Healthcare System. He started an Ambulatory Detoxification Clinic and served as the medical director of a 24-bed inpatient rehabilitation unit. Over the ensuing 25 years Dr Trevisan has served as an SUD/Alcohol Disorders researcher, clinician-educator in the Yale Department of Psychiatry and as a Quality Improvement innovator. Dr Trevisan was recognized for his work educating Yale Medical Students with a Roeske Award in 2012.

Dr Trevisan has gone on to become as administrator in the VA Health Care System serving as Associate Director of the Psychiatry Service at VA Connecticut, and Mental Health service Line Director for VISN 1, VA New England. He recently was also Director, Center for Substance Abuse Treatment at SAMHSA.



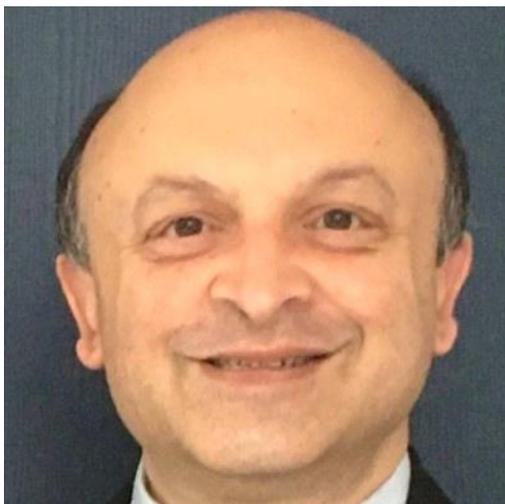
**Frederic C. Blow, Ph.D.** is a Professor of Psychiatry and Director of the U-M Addiction Center at the University of Michigan Medical School. He is a career researcher and educator in the field of alcohol and substance use screening, interventions, and treatments. The large body of his work has been directed to providing the research base and training scholars and clinicians alike. With more than 35 years of research experience, he is a national expert in mental health and substance abuse research and policy, with a focus on evidence-based practices. His areas of research expertise include substance abuse screening and diagnosis for older adults, alcohol and drug brief interventions in healthcare settings, eHealth interventions, substance abuse prevention, serious mental illness and concurrent substance abuse, mental health services research, and implementation of evidence-based substance abuse and mental health practices. He chaired the national consensus panel assembled by the U.S. Substance Abuse and Mental Health Services Administration in 1998 that produced the first

comprehensive treatment guideline for substance abuse among older adults, Treatment Improvement Protocol #26: Substance Abuse Among Older Adults, as well as the consensus panel that completely revised and updated it in 2020. Since 2001, he has been the Huss Family/Hazelden Betty Ford Foundation National Research Chair on Treatment of Older Adults at the Hazelden Betty Ford Foundation. Dr. Blow has been the principal investigator on numerous U.S. federal, state, and foundation grants, and has published over 400 papers and book chapters, as well as several books.

**Areas of interest:** alcohol abuse, older adults, suicide prevention and serious mental illness, mental health services research.

**Credentials:**

- Pennsylvania State University, State College, Pennsylvania; Ph.D.
- University of Maine at Orono, Orono, Maine; M.A. (Psychology)
- University of Maine at Orono, Orono, Maine; B.A. (High Honors and High Distinction in Psychology)



**Dr Tony Rao** worked as a community consultant old age psychiatrist for 22 years in an inner-city area with a high rate of alcohol misuse in older people. He is now consultant for a specialist care dementia unit. After completing an MSc in the clinical and public health aspects of addiction, he has led a Trust strategy for alcohol misuse in older people at South London and Maudsley NHS Foundation Trust. He has been Visiting Professor at London South Bank University and is currently Visiting Clinical Research Fellow at the Institute of Psychiatry, Psychology and Neuroscience. Dr Rao has developed an evidence base to develop training, research, and clinical services for older people with dual diagnosis and is Editor-in-Chief of the journal *Advances in Dual*

*Diagnosis.*



**Dr Rob Kok** is working as old-age psychiatrist in a large psychiatric institute in The Hague, The Netherlands, where he is also head of the research department of old-age psychiatry and head of the residents training programme for old-age psychiatrist. He has published about alcohol use disorders, major depression, electroconvulsive therapy, psychosis and BPSD in older patients.



**Dr Katy Jones** is an Assistant Professor of Applied Psychology in the Academic Unit of Mental Health and Clinical Neurosciences (School of Medicine) and Institute of Mental Health. Her research interests include alcohol use in later life, alcohol treatment and recovery, and how to frame prevention messages. She has appeared on BBC Radio 4 Today Programme as an expert in the area of alcohol and dementia. She has expertise in feasibility, mixed-methods, systematic review, and meta-analysis.



**Dr Donovan Maust, MD, MS**, is Associate Professor of Psychiatry at the University of Michigan Medical School and Research Scientist with the Center for Clinical Management Research of the VA Ann Arbor Healthcare System. One of his primary research and clinical interests is understanding and reducing potentially inappropriate use of psychotropic medication among older adults. In addition, he is interested in understanding how caregivers of persons living with dementia help them navigate the health care system. Dr. Maust earned his medical degree from Johns Hopkins University and completed his training in psychiatry and geriatric psychiatry at the University of Pennsylvania.



**Dr Satya Narayana Patro MD** is an Assistant Professor of Radiology at the University of Arkansas for Medical Sciences (UAMS), Little Rock, USA since October 2020. He worked as a consultant Neuroradiologist at Hamad Medical Corporation, Doha, Qatar, and an Assistant Professor of Radiology at Weill Cornell Medicine- Qatar before joining the current institution. He is a board-certified radiologist with expertise in both diagnostic and interventional Neuroradiology. He holds post-doctoral certificate course in Neuroradiology from SCTIMST, India and dual fellowship training in Diagnostic and Interventional Neruroradiology from University of Ottawa, Canada. His practice focuses on neuroimaging in stroke, dementia, brain tumor and infection. Dr. Patro is an expert in different spine interventions and endovascular treatment of aneurysms and stroke. He has a strong interest in research and academic work with many presentations in various international platforms. He currently has over 30 peer-reviewed publications and 5 neuroradiology book chapters.

***\*Draft programme - may be subject to change***