



TEO-PC Survey

Psychiatry training in Europe: Trainees' Experiences and Opinions regarding UEMS Psychiatric Competencies in their national training programmes

The Research Group of the European Federation of Psychiatric Trainees (EFPT) is doing a multi-national study about psychiatry education of trainees among the European countries.

The aim of this study is to raise awareness on the European framework for competencies in psychiatry developed by the Union Européenne Des Médecins Spécialistes (UEMS 2009) and to obtain data on psychiatric education of trainees, assessing their opinions and experiences towards their national training curricula and comparing it with the UEMS recommendations for postgraduate training in psychiatry. You can find more information and materials on the subject here: http://uemspsychiatry.org/board/training-reports/

You will be provided with a survey about the 30 key UEMS psychiatric competencies, which should take approximately 20 minutes to complete.

We would appreciate if you could help us by participating in this survey and completing the questionnaire. The questions should be answered respecting your subjective point of view.

If you have any questions about the survey, please contact:

Ana Giurgiuca.

European Project Coordinator. Chair of The EFPT Research Group Email: ana.giurgiuca@gmail.com

Informed consent

Consenting means that you authorize the use of your responses for the purpose of the research and associated publications.

Participation is voluntary, your answers will be kept strictly confidential and will remain anonymous at all times.





Informed consent to participate in the study will return the questionnaire.

be implied if you

I. Demographics

1. Gender
Male Female
2. Age
Please fill in your current age
3. In which country are you undertaking your psychiatry training?
4. In which city are you undertaking your psychiatry training?
5. Current year of training and duration of psychiatry training in your country.
out of





II. Psychiatry training

The European framework for competencies in psychiatry (EFCP) developed by the UEMS (2009) aims to provide a list of necessary learning outcomes in order to help raise and harmonise psychiatric training standards across the European Union. Please answer the following questions regarding the key competencies and your experience with them during your national training program in psychiatry.

	6. How familiar are you training in psychiatry?	with European UE	MS competency-base	ed recommendation	s for
	Extremely Poor	Quite poor	Adequate	Quite well	Excellent
	7. Is your national train	ing programme co No	mpetency based?		
	8. How satisfied are yo Very unsatisfied	u with your nation Unsatisfied	al psychiatric training Adequate Sati	· · ·	fied
	9. Some other medical an European psychiatry		pan-European exam	. In principle, would	you be interested in taking
	Yes	No	☐ I Don't know		
l. Ps	sychiatric Expert/Cl	linical Decision	n Maker		
	Conceptualise, understar hopathological and othe			gate, elicit, describe	e and define
syster ohysio neuro orogn	ems, comprehensive psych ical examination of the pati ophysiological and neuroin	iatric history and as ient, influencing con naging examinations between the disord	ssessment, mental state norbidities, psychometr s related to mental disc er and personal life, ne	e examination, capace ric assessments, psyorders, multiaxial diffe ecessary range of inv	chological tests, rential diagnosis, course and estigations to complete the
	1. How important do yo Unimportant	7	mpetency for your fur Moderately Impo	·	·
	2. How prepared do you Extremely Poor	u currently feel cor Quite poor	ncerning this competer Adequate	ency?	I Excellent
	3. How well does your r Extremely Poor	national training pr Quite poor	rogramme prepare yo Adequate	u regarding this co	mpetency?
	4. How important is this Unimportant	1	our evaluation proces Moderately Impo	` — ·	est, etc.) Very important





1.2. Apply therapeutic and communication skills to effectively and empathically manage the spectrum of patient care problems as well as those of their carers. *

*(Therapeutic alliance, interventions to the patient's treatment expectations and circumstances, structured therapeutic plan considering the patient, carer and other professionals needs, voluntary and involuntary admission, adverse effects associated with therapeutic interventions, basic medical interventions for the physical health problems, perform basic resuscitation, shared understanding and informed consent from patient or their carer, review, revise and document changes to a treatment plan over time, evaluate outcomes, terminate course of treatment, follow-up, potential risk to self and others in a clinical encounter.)

	1. How important do	· —	npetency for your future a Moderately Important	· ·	t? Very important
	2. How prepared do Extremely Poor	you currently feel con-	cerning this competency? Adequate	Quite well	Excellent
	3. How well does you Extremely Poor	our national training pro	ogramme prepare you rega	arding this com	npetency?
	4. How important is Unimportant		ur evaluation process? (as Moderately Important		st, etc.) Very important
*(Un avail		nat underpin biological tr	reatments of mental disorder , placebo effects and the me		
	1. How important do		npetency for your future a Moderately Important		t? Very important
	2. How prepared do Extremely Poor	· —	cerning this competency? Adequate	Quite well	Excellent
	3. How well does you Extremely Poor	our national training pro	ogramme prepare you rega	arding this com Quite well	npetency?
	4. How important is Unimportant		ur evaluation process? (as		st, etc.) Very important
*(Un avail			ccepted models of individual psychotherapy safely and e		
	1. How important do	you consider this con Of little importance	npetency for your future a Moderately Important		t? Very important
	2. How prepared do	you currently feel con-	cerning this competency?		
	Extremely Poor	Quite poor	Adequate	Quite well	L Excellent
			Adequate ogramme prepare you rega Adequate		
	3. How well does you Extremely Poor	our national training pro Quite poor	ogramme prepare you reg	arding this com Quite well	npetency?





*(Und disorc	ders, use safely and ef	nat underpin the models of fectively social psychiatri	of social psychiatric interver ic interventions on the basis anizations and self help gro	of the best evide	
	1. How important do Unimportant	· ·	npetency for your future a Moderately Important	· ` `	P Very important
	2. How prepared do Extremely Poor	· —	cerning this competency?	Quite well	Excellent
	3. How well does yo Extremely Poor	ur national training pro	ogramme prepare you rega	arding this comp	petency?
	4. How important is Unimportant		ur evaluation process? (as		t, etc.) Very important
*(Und that is			dels of rehabilitation, includ n methods safely and effecti		
	1. How important do Unimportant		npetency for your future a Moderately Important		P Very important
	2. How prepared do Extremely Poor	· — ·	cerning this competency? Adequate	Quite well	Excellent
	3. How well does yo Extremely Poor	ur national training pro	ogramme prepare you rega	arding this comp	etency?
	4. How important is Unimportant		ur evaluation process? (as		t, etc.) Very important
*(App	ly the medico-legal kn	owledge and skills requir	er than in direct patient ca red to give appropriate psyc e to the development of hea	hiatric advice to d	courts of law and other
	1. How important do Unimportant		npetency for your future a Moderately Important		Yery important
	2. How prepared do Extremely Poor	· — ·	cerning this competency?	Quite well	Excellent
	3. How well does yo Extremely Poor	ur national training pro	ogramme prepare you rega	arding this comp	etency?
			ur evaluation process? (as		t, etc.)





1.8. Recognize personal limits of expertise * *(Reflect on own limitations of expertise by, for example, using self-assessment, consult and liaise with other professionals and promptly refer when needed, for optimal patient care.)
1. How important do you consider this competency for your future as a psychiatrist? Unimportant Of little importance Moderately Important Important Very important
2. How prepared do you currently feel concerning this competency? Extremely Poor Quite poor Adequate Quite well Excellent
3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Adequate Quite well Excellent
4. How important is this competency in your evaluation process? (assessments, test, etc.) Unimportant Of little importance Moderately Important Important Very important
1.9. Consult effectively * *(Offer consultation and liaison services to medical and non-medical professionals, offer professional advice on a specific clinical situation, offer appropriate verbal or written advice to a professional on a patient examined for second or specialist opinion.)
1. How important do you consider this competency for your future as a psychiatrist? Unimportant Of little importance Moderately Important Important Very important
2. How prepared do you currently feel concerning this competency? Extremely Poor Quite poor Adequate Quite well Excellent
3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Adequate Quite well Excellent
4. How important is this competency in your evaluation process? (assessments, test, etc.) Unimportant Of little importance Moderately Important Important Very important
2. Communicator
2.1. Establish a therapeutic relationship with patients * *(Be aware of factors influencing the patients' reactions to the physician and others, and one's own reactions when dealing with patients., communicate effectively and empathically, both verbally and non-verbally, establish, maintain and conclude appropriate therapeutic relationships with patients and carers, facilitate a structured clinical encounter.)
1. How important do you consider this competency for your future as a psychiatrist? Unimportant Of little importance Moderately Important Important Very important
2. How prepared do you currently feel concerning this competency? Extremely Poor Quite poor Adequate Quite well Excellent
3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Adequate Quite well Excellent
4. How important is this competency in your evaluation process? (assessments, test, etc.) Unimportant Of little importance Moderately Important Important Very important





2.2. Elicit and synthesise relevant information from the patient, their carers and other relevant sources * (Obtain comprehensive and relevant information systematically and understand the meaning of this information in the context of the patient's culture, diversity and expectations)
1. How important do you consider this competency for your future as a psychiatrist? Unimportant Of little importance Moderately Important Important Very important
2. How prepared do you currently feel concerning this competency? Extremely Poor Quite poor Adequate Quite well Excellent
3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Adequate Quite well Excellent
4. How important is this competency in your evaluation process? (assessments, test, etc.) Unimportant Of little importance Moderately Important Important Very important
2.3. Discuss appropriate information with the patient, their carers and health professionals that facilitate optimal care. *
(Inform and counsel a patient in a sensitive and respectful manner while fostering understanding the patient's active participation in decisions about their care; obtaining informed consent, delivering bad news, handling language, effectively presenting information on mental health issues to the public or media)
1. How important do you consider this competency for your future as a psychiatrist? Unimportant Of little importance Moderately Important Important Very important
2. How prepared do you currently feel concerning this competency? Extremely Poor Quite poor Adequate Quite well Excellent
3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Adequate Quite well Excellent
4. How important is this competency in your evaluation process? (assessments, test, etc.) Unimportant Of little importance Moderately Important Important Very important
3. Collaborator
3.1. Effectively consult with other physicians and healthcare professionals. * (Clearly define own role and responsibilities to other professionals, recognise and respect the diversity of roles, responsibilities and competences of other professionals, maintain professional relationships with health care providers for the provision of quality care, effectively work with other health professionals to prevent, negotiate and resolve conflict, obtain, interpret and evaluate consultations from other professionals, serve as an effective consultant to other medical specialists, mental health professionals and community agencies.)
1. How important do you consider this competency for your future as a psychiatrist? Unimportant Of little importance Moderately Important Important Very important
2. How prepared do you currently feel concerning this competency? Extremely Poor Quite poor Adequate Quite well Excellent
3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Adequate Quite well Excellent
4. How important is this competency in your evaluation process? (assessments, test, etc.) Unimportant Of little importance Moderately Important Important Very important



Unimportant



3.2 Contribute effectively to other multidisciplinary team activities. * *(Participate effectively in a multidisciplinary team and, where appropriate, demonstrate leadership, work effectively to prevent, negotiate and resolve conflict within the multidisciplinary team, question and challenge the performance of other team members when standards appear to be compromised and be responsive to comments by other team members about one's own performance) 1. How important do you consider this competency for your future as a psychiatrist? Of little importance Moderately Important Important Very important 2. How prepared do you currently feel concerning this competency? Extremely Poor Quite poor Adequate Quite well Excellent 3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Adequate Quite well Excellent 4. How important is this competency in your evaluation process? (assessments, test, etc.) Of little importance Moderately Important Important Very important 3.3. Participate actively in shared decision-making with patients and carers. * *(Work jointly with patients and carers in the formulation and revision of care plans and be receptive to their preferences and views) 1. How important do you consider this competency for your future as a psychiatrist? Of little importance Moderately Important Important Very important 2. How prepared do you currently feel concerning this competency? Quite well Excellent Extremely Poor Quite poor Adequate 3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Quite well Excellent Adequate 4. How important is this competency in your evaluation process? (assessments, test, etc.) Unimportant Of little importance Moderately Important Important Very important 3.4. Collaborate effectively with patient and carer organizations. * *(Proactively involve patient and carer organizations in the planning, provision and evaluation of mental health services, maintain professional relationships with patient and carer organizations) 1. How important do you consider this competency for your future as a psychiatrist? Of little importance Moderately Important Important Very important 2. How prepared do you currently feel concerning this competency? Quite well Excellent Extremely Poor Quite poor Adequate 3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Adequate Quite well Excellent 4. How important is this competency in your evaluation process? (assessments, test, etc.)

Of little importance Moderately Important Important Very important





4. Manager

4.1. Allocate limited healthcare resources. * *(Understand essential principles of resource and finance management, understand organizational features of national, regional and local (mental) health care structure, recognise the importance of equitable allocation of healthcare resources, balancing effectiveness, efficiency and access with optimal patient care, base resource allocation and clinical guidelines or best evidence and practice, prioritise patient case loads on the basis of severity, impairment and urgency, appropriately delegate tasks and responsibility.)
1. How important do you consider this competency for your future as a psychiatrist? Unimportant Of little importance Moderately Important Important Very important
2. How prepared do you currently feel concerning this competency? Extremely Poor Quite poor Adequate Quite well Excellent
3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Adequate Quite well Excellent
4. How important is this competency in your evaluation process? (assessments, test, etc.) Unimportant Of little importance Moderately Important Important Very important
4.2. Manage personal resources. * *(Manage one's own time to balance patient care, earning needs, other activities and personal life; balance personal and professional priorities to ensure personal health and sustainable practice)
1. How important do you consider this competency for your future as a psychiatrist? Unimportant Of little importance Moderately Important Important Very important
2. How prepared do you currently feel concerning this competency? Extremely Poor Quite poor Adequate Quite well Excellent
3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Adequate Quite well Excellent
4. How important is this competency in your evaluation process? (assessments, test, etc.) Unimportant Of little importance Moderately Important Important Very important
4.3. Work in a healthcare organization. * *(Plan relevant elements of health care delivery and implement change where appropriate, negotiate between competing interests for mental health care resource allocation, ensure implementation of evidence based guidelines in clinical practic participate in clinical audit to continually improve the quality of services, understand the principles of risk management and clinical governance, deal with patient, carer and staff complaints, understand current mental health and other relevant legislation, encourage and facilitate the professional development of peers and other related professionals)
1. How important do you consider this competency for your future as a psychiatrist? Unimportant Of little importance Moderately Important Important Very important
2. How prepared do you currently feel concerning this competency? Extremely Poor Quite poor Adequate Quite well Excellent
3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Adequate Quite well Excellent
4. How important is this competency in your evaluation process? (assessments, test, etc.) Unimportant Of little importance Moderately Important Very important





4.4. Use information techr *(Understand computer bas basic level, use information	ed information and the fu	indamentals of medical info		
1. How important do Unimportant	you consider this com Of little importance	petency for your future as Moderately Important	a psychiatrist	? Very important
2. How prepared do Extremely Poor	you currently feel conc	erning this competency?	Quite well	Excellent
3. How well does yo Extremely Poor	ur national training pro Uquite poor	gramme prepare you rega Adequate	rding this com	petency? Excellent
4. How important is Unimportant		r evaluation process? (as Moderately Important		t, etc.) Very important
5. Health Advocate				
5.1. Identify the determina health so as to be able to *(Recognise the determinant health, promote positive me best evidence, recognise th with other community sector family, school and workplace marginalised populations.)	prevent disorder and protest of mental health of porontal and physical health in the impact of mental disorders to promote mental hea	romote mental health. * culations and how public point patients particularly in the ler on families and carers, a lth and prevent mental diso	licy including leg se with severe n ind take remedia rder at all levels	pislation impacts on mental nental disorder based on I measures, collaborate focusing particularly on
1. How important do Unimportant	1	petency for your future as Moderately Important		? Very important
2. How prepared do Extremely Poor	you currently feel conc	erning this competency? Adequate	Quite well	Excellent
3. How well does yo Extremely Poor	ur national training pro	gramme prepare you rega Adequate	rding this com	petency? Excellent
4. How important is Unimportant		r evaluation process? (as		t, etc.) Very important
5.2. Identify and address i is necessary. * *(Respect and promote the and advocacy groups, emptand discrimination associate and autonomy, actively opportheir role as a health advocate.)	human rights of people wower people with mental ded with mental disorder allose the use of psychiatry	rith mental disorders and co disorders and their carers, r nd its treatment, use strated for political repression, reco	Illaborate with us ecognise and ad gies to enhance pognise the possil	er and carer associations Idress prejudice, stigma patient's self- management
 How important do Unimportant 	you consider this com Of little importance	petency for your future as Moderately Important	a psychiatrist	? Very important
2. How prepared do Extremely Poor	you currently feel conc	erning this competency?	Quite well	Excellent

3. How well does your national training programme prepare you regarding this competency?

	0.0						
(EUROPEAN FED				U.E. M.S. *	UEMS Section of Psychia	atry
	OF PSYCHIATRI Extremely Poor Excellent	Quite poor		Adequate	* * *	Quite well	•
	4. How important is Unimportant	this competency in yo Of little importance	·	· .	_	t , etc.) Very important	
6. Sc	holar						
*(Red meth	cognise the principles foods such as self audit	and document a person for maintaining competer and CPD, access and in ct of any change in pract	nce, recognise a terpret the relev	and reflect on land reflect on land	earning issues and integrate th	nis new learning into	
	1. How important do	you consider this con Of little importance	·		a psychiatrist	? Very important	
	2. How prepared do Extremely Poor	you currently feel cond	cerning this co Adequate	· · ·	Quite well	Excellent	
	3. How well does yo Extremely Poor	our national training pro	ogramme prepa Adequate	are you regar	ding this com Quite well	petency? Excellent	
	4. How important is Unimportant	this competency in yo Of little importance		, L	_	t, etc.) Very important	
*(Un		of critical appraisal to s of critical appraisal and e)				e critical appraisal	
	1. How important do	you consider this con Of little importance	·		a psychiatrist Important	? Uery important	
	2. How prepared do Extremely Poor	you currently feel cond	cerning this co		Quite well	Excellent	
	3. How well does yo Extremely Poor	our national training pro	ogramme prepa	are you regar	ding this com Quite well	· I	
	4. How important is Unimportant	this competency in your Of little importance		· .		t, etc.) Very important	
*(Un othe	derstand the principles is to identify respective	students, trainees and of learning and the ethic learning needs, select to model for the learning of	s underpinning eaching strategi	medical educa es based on b	est evidence,	recognise that one's o	wn
	1. How important do	you consider this con Of little importance	· — ·		· ·	? Very important	
	2. How prepared do Extremely Poor	you currently feel cond	cerning this co Adequate		Quite well	Excellent	
	3. How well does yo Extremely Poor	our national training pro	ogramme prepa Adequate	are you regar	ding this com Quite well	petency? Excellent	
	4. How important is	this competency in you	·	rocess? (ass		st, etc.)	





6.4. Demonstrate appropriate use of assessment, appraisal and feedback. * (Recognise and apply the principles of assessment including the difference between formative and summative assessment, recognise and apply the principles of appraisal, give feedback in a timely and constructive manner showing respect and confidentiality)				
1. How important do you consider this competency for your future as a psychiatrist? Unimportant Of little importance Moderately Important Important Very important				
2. How prepared do you currently feel concerning this competency? Extremely Poor Quite poor Adequate Quite well Excellent				
3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Adequate Quite well Excellent				
4. How important is this competency in your evaluation process? (assessments, test, etc.) Unimportant Of little importance Moderately Important Important Very important				
6.5. Contribute to research and to the development of new knowledge. * *(Recognise the principles, methodology and ethics of research and scholarly inquiry, formulate a research question and conduct a systematic search for evidence, select and apply appropriate methods to address the question, analyse, interpret and report the results, appropriately disseminate and utilise the findings of a study)				
1. How important do you consider this competency for your future as a psychiatrist? Unimportant Of little importance Moderately Important Important Very important				
2. How prepared do you currently feel concerning this competency? Extremely Poor Quite poor Adequate Quite well Excellent				
3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Adequate Quite well Excellent				
4. How important is this competency in your evaluation process? (assessments, test, etc.) Unimportant Of little importance Moderately Important Important Very important				
7. Professional				
7.1. Deliver the highest quality of professional care. * *(Maintain highest standards of clinical competence and professional behaviour based on values and evidence, care for patients with integrity in a sensitive, empathic and compassionate manner, conduct oneself in a way that commands respect and confidence of patients and carers and show respect for patients and their carers, observe professional boundaries with patients and carers, understand all aspects of professional relationships including the power differential between psychiatrists and patients and do not misuse this power differential, understand and address the issues involved when the doctor-patient relationship ends, recognise and address problems with end-of-life care for patients with mental disorders.)				
1. How important do you consider this competency for your future as a psychiatrist? Unimportant Of little importance Moderately Important Important Very important				
2. How prepared do you currently feel concerning this competency? Extremely Poor Quite poor Adequate Quite well Excellent				
3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Adequate Quite well Excellent				
4. How important is this competency in your evaluation process? (assessments, test, etc.) Unimportant Of little importance Moderately Important Important Very important				





7.2. Relate to co-workers in a professional manner. * (Observe professional boundaries with colleagues and others involved in patient care, recognise the needs of other professionals and respond appropriately, respond to communication with health professionals in a sensitive and timely manner)					
1. How important do you consider this competency for your future as a psychiatrist? Unimportant Of little importance Moderately Important Important Very important					
2. How prepared do you currently feel concerning this competency? Extremely Poor Quite poor Adequate Quite well Excellent					
3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Adequate Quite well Excellent					
4. How important is this competency in your evaluation process? (assessments, test, etc.) Unimportant Of little importance Moderately Important Important Very important					
7.3. Practise medicine in an ethically responsible manner that respects medical, legal and professional obligations.					
(Observe professional, regulatory and legal obligations at all levels, maintain high quality records of clinical encounters and plans, observe ethical codes of practice and manage conflicts of interest, maintain transparent relationships with commercial organisations (including pharmaceutical industry) based on ethical principles, recognise the principles and imits of patient confidentiality as defined by professional practice standards and the law, identify and address appropriately unprofessional conduct of other health care professionals, review own professional conduct and acknowledge and emediate medical errors, should they occur, understand the components of informed consent, including capacity, recognise the extent of one's own limitations and seek advice and support)					
1. How important do you consider this competency for your future as a psychiatrist? Unimportant Of little importance Moderately Important Important Very important					
2. How prepared do you currently feel concerning this competency? Extremely Poor Quite poor Adequate Quite well Excellent					
3. How well does your national training programme prepare you regarding this competency? Extremely Poor Quite poor Adequate Quite well Excellent					
4. How important is this competency in your evaluation process? (assessments, test, etc.) Unimportant Of little importance Moderately Important Very important					





III. End				
Thank you very much for helping us with this research project and participating in this survey.				
1. Do you want to leave us any comment?				
2. If you wish to receive more information regarding this study, please provide us your email.				