

Investing in psychological treatments, it pays off!

## LECTURE & PANEL DISCUSSION

Friday, 8th of March 2019 (free entrance)

# The power of psychological therapy

## A revolution in mental health care

with prof. dr. David M. Clark (University of Oxford)

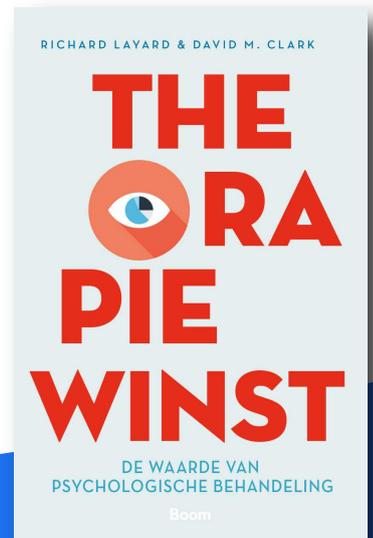
Psychological treatments work better than most people assume, which can be considered good news. Unfortunately these treatments are often not available to those who are in need of them. This is remarkable, as it is an economical fact that psychological treatments would pay for themselves, through a more healthy, more social and more productive society.

In England these arguments were heard and in 2007 a unique project started. Professor David Clark is one of the founders of the Improving Access to Psychological Therapies project, which aims at treating depression, anxiety and other common psychological problems. By now, this project can present impressive results, which has led to English politicians understanding the need and the benefits of investing further in the project.

Professor Clark will discuss on March 8th how psychology, economics and politics have to work together to improve the access to psychological treatments. After his lecture we will open the debate how we in Belgium can progress towards a more psychologically healthy country, with as a next step the elections of 2019. We close the day with a reception.

**For politicians, policy makers, clinicians, economists, citizens, students, ... everybody is welcome!**

<b>when</b>	Friday, 8th of March 2019, from 14u to 16u, with a closing reception
<b>where</b>	KU Leuven, Psychologisch Instituut, Tiensestraat 102, 3000 Leuven, Aula Michotte.
<b>panel</b>	prof. dr. David Clark, Jef Adriaenssens (Belgian Health Care Knowledge Centre), Gorik Kaesemans (Zorgnet-Icuro), Harmen Lecok (Counselor Mental Health for the Minister of Social Affairs and Public Health, and Asylum and Migration), prof. dr. Jeroen Luyten (KU Leuven, Health Economics), prof. dr. Pierre Philippot (UCLouvain, Clinical Psychology). Moderator: prof. dr. Dirk Hermans (KU Leuven)
<b>entrance</b>	Entrance is free of cost but please register before 1/3/2019 via <a href="http://www.ppw.kuleuven.be/clep/therapiewinst">www.ppw.kuleuven.be/clep/therapiewinst</a>
<b>more info</b>	E-mail <a href="mailto:kris.martens@kuleuven.be">kris.martens@kuleuven.be</a>



An initiative by: Tine Daeseleire (The Human Link), Kris Martens (KU Leuven), prof. dr. Filip Raes (KU Leuven), prof. dr. Dirk Hermans (KU Leuven), prof. dr. Rudi de Raedt (UGent), prof. dr. Pierre Philippot (UCLouvain), prof. dr. Elke van Hoof (Vrije Universiteit Brussel).